



ELIZABETH KEOGH

DIRECTOR AND SENIOR CONSULTANT



Qualifications: Bachelor of Arts and certified MBTI and MBTI Step II Practitioner.

Specialties: I specialise in Coaching and Mentoring partnerships, recruitment and selection, facilitation, leadership and personal development. My role as a Senior Consultant and partner at Keogh, enables me to apply my knowledge and specialties to partner with clients and guide them to recognise their potential and ultimately find their way.

Why Keogh Consulting? I have the opportunity to work with individuals and teams who choose to respectfully guide and courageously influence the process of organisational and personal transformation. We work in partnership with our clients to build their vision and assist them to achieve their goals.

What is your favourite thing about Keogh Consulting?

Bringing my intuition, open-heart and open-mind to all the work I do, and achieving a sense of constant growth as a result.

What makes you unique, Elizabeth? My curiosity and interest in exploring self and others and in finding the profound and sublime in the ordinary.

When I'm not at Keogh I enjoy life. I spend time with my family and friends and relish in reflecting and consistently finding ways to expand my own self-awareness and my connection to this land.

Dead or alive, who would you like to meet and what is the one question you would ask them?

A range of people such as Virginia Woolfe (author), Arny Mindell (author, academic, process-oriented therapist and teacher), Greg Thomson-Austring (architect) and Nici Cumpston (photographic visual artist). I would ask them 'using your creative and innovative approach to your work how do you feel you make/made a difference?'

What inspires you and why? Laughter. That unique mixture of humour, craziness and wisdom. When I laugh I know that I'm not just reflecting on life, I'm living it.